



All Cell Detox

General Cleansing Formula for Detoxification

Assisting the body in the process of detoxification is a very important part of natural healing. All Cell Detox is a formula that assists the digestive tract, colon, liver and kidneys in eliminating toxic waste materials. A general cleansing formula, it has been used for conditions such as acne, skin eruptive diseases, body odor, breast lumps, cysts, fibroids, polyps, parasites and tumors.

All Cell Detox works best as part of an overall cleansing program which includes water and fiber, such as Nature's Three or Psyllium Hulls Combo. It is an important component of the Tao He Cleanse, a popular colon cleansing program.

The following ingredients are found in this blend, and contribute their own unique properties to its effectiveness.

Gentian is a bitter herb that acts as a digestive tonic, stimulating digestive secretions and toning digestive organs.

Irish moss is a seaweed, rich in minerals, including iodine. It contains mucilage and helps absorb toxins in the digestive tract.

Cascara sagrada is a stimulant laxative, that encourages normal bowel elimination. It also stimulates the flow of bile to flush the liver.

Fenugreek seeds have a cholesterol lowering action. They also help break up hardened mucus so it can be expelled from the body and have been applied topically to treat abscesses, boils and ulcers.

Golden seal is a bitter tasting herb that has a tonic effect on the mucus membranes of the digestive tract. It also helps to fight infections.

Slippery elm bark is a nourishing, mucilaginous herb that absorbs toxins while soothing inflamed and irritated tissues in the digestive tract.

Safflower has a mild blood-purifying effect. It has been used to treat fevers, wounds, sores, measles and skin rashes. It helps remove waste acids from the tissues.

Black walnut hulls are antiparasitic and antiviral. It has a tissue cleansing effect and has been used for abscesses, boils, acne, eczema, itch, shingles, and even tumors.

Myrrh gum is a disinfectant herb. Its aromatic and bitter taste also stimulates digestive secretions.

Parthenium root is a urinary tract disinfectant and diuretic with some immune stimulating properties.

Yellow dock root is a blood purifier and blood tonic. It helps build red blood cells, has a mild laxative action, and increases the flow of bile to cleanse the liver. It has been used for a wide variety of health problems, including cysts, eczema, psoriasis, chicken pox, and even cancer.

Dandelion root is a liver cleansing herb and mild diuretic. Like yellow dock, it helps cleanse toxins from the blood and has been used for a wide variety of diseases involving skin eruptions and toxicity. It is also a mild digestive tonic.

Oregon grape root is primarily a hepatic and lymphatic herb. It stimulates digestion and the flow of bile. It also has mild infection-fighting qualities.

Uva ursi leaves are a diuretic and urinary disinfectant. They help fight urinary tract infections.

Chickweed herb helps break up fats and fatty deposits in the system. It helps skin eruptive diseases like chicken pox and measles and helps reduce itching. It has also been used to treat eczema and dermatitis.

Catnip is an aromatic herb used to stimulate digestion and settle upset stomach.

Cyani flowers are a diuretic and have been used to treat fevers, inflammatory skin conditions, and urinary tract infections.

Recommended use is two capsules 3-4 times daily. All Cell Detox works best when taken along with a fiber drink. Use 1 teaspoon of Psyllium Hulls Combo or Nature's Three in a glass of water or juice first thing in the morning before breakfast together with 2 capsules of All Cell Detox. Take 2 All Cell Detox with lunch and dinner. A fourth dose, along with another fiber drink, can be consumed on an empty stomach right before bedtime. Drink plenty of water (at least 1/2 gallon per day) to assist the cleansing process. All Cell Detox also works well when taken with Small Intestine Detox or Proactazyme Plus. If constipation is a problem add two capsules of LBS II before bedtime.

Suggested Further Reading:

The HART Manual

The ABC+D Approach to Natural Healing by Steven H. Horne

Herbal Therapy and Supplements by Merrily A. Kuhn and David Winston

Nutritional Herbolgy by Mark Pederson

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