



Nature's Fresh Enzyme Spray

First Aid Kit in a Bottle (and Handy Deodorizer, too)

Enzymes are special proteins manufactured by living things. They act as catalysts that either form or break down various chemical substances without undergoing change themselves. They are utilized in every phase of metabolism, from digestion to elimination and everything in between.

Nature's Fresh is a mixture of enzymes dissolved in water. Originally produced and sold as a natural deodorizer and stain remover, people have discovered it has amazing health benefits as well. Nature's Fresh can be sprayed topically on just about any type of injury or inflamed tissue with positive results. It reduces swelling and inflammation and speeds healing at the same time.

People have sprayed Nature's Fresh on insect bites and stings, bumps and bruises, sunburn, rashes, sprains and other injuries to reduce pain and speed healing. This makes a small bottle of Nature's Fresh a positive addition to anyone's first aid kit.

Nature's Fresh has also been successfully used on chronic conditions like acne, arthritis and back pain. It is especially valuable in helping spinal disks to heal, including degenerated or herniated disks. For even faster pain relief, Deep Relief oil or Tei Fu oil can be applied to sore muscles or other areas where there are aches and pains, then Nature's Fresh can be sprayed over the area.

Nature's Fresh is entirely non-toxic and can be taken internally in small amounts (about 1-2 Tablespoons per day). It has a soapy taste because it contains a surfactant to hold the enzymes in suspension, but this can be camouflaged by taking it in pineapple juice. The enzymes help to break down debris in the digestive tract and heal the mucus membranes lining it. They also help to reduce inflammation throughout the body.

There are six different types of enzymes and Nature's Fresh is the only enzyme product that contains all six. For those interested in the more technical side of the product these six classes of enzymes are: oxidoreductases (enzymes that catalyze oxidation-reduction reactions), transferases (an enzyme that promotes transfer of a group from one molecule to another), lyases (an enzyme that forms double bonds on the substrate), hydrolases (hydrolytic enzyme-splitting water), isomerases (enzymes that catalyze the conversion of its substrate to an

isomeric form), and ligases (enzymes that catalyze the linking together of two molecules).

Naturally derived from the fermentation of a vegetable extract, the enzymes in Nature's Fresh are stable unless the product is exposed to heat. For best results, store the product at temperatures less than 100 degrees Fahrenheit.

Of course, Nature's Fresh can also be used for its originally intended purpose. It can be sprayed on any source of odor to remove it naturally. It works by breaking down the compounds in the odor into simpler compounds. It is also effective against many types of stains—again, breaking the compounds in the stain down into simpler substances.

It can be sprayed directly on clothes, shoes, pets, pet stains or areas of pet odors, carpets, upholstery, automobile interiors, and so forth. It also works as an underarm deodorant (but only lasts for about 3-4 hours). Nature's Fresh works on some very difficult odors. It even removes the odor of skunk!

Nature's Fresh can be used in the laundry and the dishwasher. It helps remove stains and odors from clothes and works in place of a rinse aid in the dishwasher.

For spot cleaning of carpets, spray directly onto stain or odor area and blot with a towel. You can also mix 1/4 cup of Nature's Fresh with three gallons of carpet cleaning solution to help clean carpets. (Be sure to use cold water, and let the mixture sit for about 30 minutes prior to using it so the enzymes can be activated.)

Nature's Fresh can also be used on clogged drains. Simply pour a bottle of Nature's Fresh down the drain, let it sit overnight and run water down the drain the next morning. It is a completely safe and non-toxic drain opener that can help septic tanks, too.

Essential oils can be added to Nature's Fresh to provide a clean fresh smell. Just add a few drops of oils like lemon or thyme to a cleaning solution. Nature's Fresh combined with Sunshine Concentrate and a few drops of essential oil, works well as a cleaning solution for just about anything—walls, kitchens, bathrooms, carpets, cars, etc.

This is just a small sampling of the potential uses for this amazing product. For more information consult the person who distributed this handout. His or her name appears below.

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